

Pre K



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
3 Breaded Beef Patty Chicken Tender Strips Mashed Potatoes Green Beans	4 Taco Burrito Corn Mexican Style Rice	5 Burger Baked Potato Half Burger Salad Ice Cream Sandwich, LF	6 Pizza Pocket Chicken Rotini Cheesy Veggies Pudding	7 Pizza PB & J Uncrustable French Fries Ice Cream	<i>Cal</i> 591 <i>T.Fat</i> 16.11 G <i>S.Fat</i> 5.4 G <i>Chol</i> 31.6 Mg
10 Chicken nuggets w/roll Mashed Potatoes Green Beans Fresh Fruit	11 Fish Strips Pepperoni Pizza Cheddar Biscuit Cheesy macaroni	12 Sub Sandwich Chicken Parmesan Baby Carrots Corn	13 Pizza Burger Chips Dill Pickle	14 NO SCHOOL	<i>Cal</i> 611 <i>T.Fat</i> 20.02 G <i>S.Fat</i> 7.0 G <i>Chol</i> 52.3 Mg
17 Beef Enchiladas Refried Beans Mexican Style Rice Fresh Fruit	18 Baked Potato Turkey Ham Cheesy Veggies Fresh Fruit	19 Chicken Burger Burger Cheesy macaroni Burger Salad	20 Pizza Pocket Stromboli Baby Carrots Ranch Dressing	21 Ham & Cheese Sandwich Chips Dill Pickle	<i>Cal</i> 635 <i>T.Fat</i> 17.43 G <i>S.Fat</i> 5.5 G <i>Chol</i> 42.1 Mg
24 Steak Fingers Burrito Corn cobbette Applesauce	25 Salisbury Steak Chicken Patty Hot Rolls Green Beans	26 Pepperoni Pizza Ranch Style Beans Cheesy macaroni Pears	27 Burger French Fries Burger Salad Ice Cream	28 PB & J Uncrustable Chips Animal Cookie Dill Pickle	<i>Cal</i> 637 <i>T.Fat</i> 19.75 G <i>S.Fat</i> 6.3 G <i>Chol</i> 42.8 Mg
31 Choice of milk offered each meal		HAVE A GREAT SUMMER			

Elementary



Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
3 Breaded Beef Patty Chicken Tender Strips Mashed Potatoes Green Beans Yogurt	4 Taco Burrito Mexican Style Rice Lettuce Tomato	5 Meat Ball Sub Burger Baked Potato Half Blackeye Peas Yogurt	6 Chicken Rotini Pizza Pocket Cheesy Veggies Tossed Salad Ranch Dressing	7 Pizza PB & J Uncrustable French Fries Yogurt Dill Pickle	Cal 679 T.Fat 20.78 G S.Fat 6.8 G Chol 50.2 Mg Sodm 1441.42 Mg
10 Chicken Tender Strips Breaded Beef Patty Mashed Potatoes Green Beans Carrots	11 Pepperoni Pizza Popcorn Shrimp Tossed Salad Cheesy macaroni Jello	12 Chicken Parmesan Sub Sandwich Burger Salad Baby Carrots Ranch Dressing	13 Pizza Burger Dill Pickle Chips Burger Salad	14 NO SCHOOL	Cal 683 T.Fat 22.01 G S.Fat 7.2 G Chol 53.4 Mg Sodm 1631.74 Mg
17 Sloppy Joe Beef Enchiladas Mexican Style Rice Refried Beans Texas Toast	18 Baked Potato Turkey Ham Cheesy Veggies Peas Yogurt	19 Chicken Burger Burger Cheesy macaroni Potato Wedges Burger Salad	20 Stromboli Pizza Pocket French Fries Carrot Sticks Ranch Dressing	21 Peanut Butter & Jelly Sa Chips Dill Pickle Goldfish Crackers Milk	Cal 726 T.Fat 21.14 G S.Fat 6.8 G Chol 53.5 Mg Sodm 1833.00 Mg
24 Steak Fingers w/gravy Burrito Corn cobbette Baked Potato Half Tossed Salad	25 Salisbury Steak Brown Gravy Chicken Burger Mashed Potatoes w/cheese	26 Pepperoni Pizza Chicken Quesadilla Ranch Style Beans Cheesy macaroni Tossed Salad	27 Burger Burger Salad French Fries Dill Pickle Baby Carrots	28 Ham & Cheese Sandwich Chips Dill Pickle Animal Cookie	Cal 686 T.Fat 20.98 G S.Fat 6.9 G Chol 50.6 Mg Sodm 1871.87 Mg
3' Choice of juice or fruit offered each day	HAVE A GREAT SUMMER				Choice of milk offered each meal